

Teaching situation

Activity

Child

Time

Teacher

Facilities

Child - I Classification

A. Purposes for classification

- 1) - greater progress in program
- 2) - more interest
- 3) - health
- 4) - even competition
- 5) - easier for teacher

B. Methods - Organization

- 1) - age
- 2) - sex
- 3) - grade
- 4) - physical examinations.
 - unlimited
 - partially restricted
 - restricted
 - rest
- 5) - achievement tests.
with capacity tests.
- 6) - ht. & wt. (age) tests. - competition
- 7) - individual difference (corrective)
- 8) - interests.

Tests.

Brace - innate ability.

Papers - strength tests (apparatus.)

Practical - 1) Success or failure.

2) Distance.

3) Number of times out of whole accuracy.

4) Time & sprints.

Tests.

1) interest children outside of class.

2) measure ability of child.

3) " your ability as a teacher.

Tests (scholastic)

Medical exam - orthopedic.

Rhythm.

Intelligence test.

Personality - interviews.

Motor ability test.

Knowledge.

co-ordination

speed

strength (?)

agility

endurance

reaction.

Co-ordination -

1. ht. jump, basketball throw.

good team player.

Agility.

1. sit jump

Reaction 1. Response to ques.

Agility.

1. Jumping over 5 parallel bars.

Grading.

Should & why do we grade.)))

1. Class P.E. with other subjects.
 - To, letters A, B etc.
 - credit, passed, failed.
 - put subject on mark.

2. Knowledge of pupils work.

3. Check on own teaching.

4. Parents idea of teacher.

Disadvantages.

1. Individual marking.

2. Large classes.

3. Destroys joy of effort.

Marking.

1. Ability - tests, opinion.

Improvement - beginning & end tests.

2. Knowledge - true & false tests.

3. Attitudes - attendance, effort, costumes.

4. Defect correction.

Chap. 11.

Phy + Physique.
notes.

Aims & objectives

Fundamental

Types - definite exercises.
non-definite.

Skeleton lesson plan.

- starting pos.

- naming
signals

Analysis of lesson.

4 aspects.

Presentation of exercises.

P. 96 + 97 exercises. Sec. 1 + 2.

Groups for instruction.

1) Whole class - personal instruction.
drills, dance instruction.
- least efficient for personal
guidance.

1) - increases amt. of absolute
activity.

2) - avoids child's repetition of errors.

2) Small groups - leaders have certain control.
- training leaders.

3) Small squads - 8-10 people under a leader.
- adapted for individual efforts events.
(Staloy) apparatus, stunts.
- natural form - leadership + followership.

Play period - practice.

- instruction with supervision.
- time when activities practiced taught.

Time - before school
noon hour
recess period.
evening.

Saturdays & holidays.

* after school.

- 1) - need - planning + supervision.
- 2) organized - not dis-organized.
- 3) student leadership.
- 4) adult assistance + not dominance.
- 5) tournament games.

C. Relief Period.

Platoon or rotating system.

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A.D. - E.M.

- 1) - between 2 theory classes, away from P.E.
- 2) - lots of activity.
- 3) - few commands.

9 - 9.35 RELIEF.

10.15 - 10.30 RECESS.

11.15 - 11.30 PHYS. ED.

1.30

2.00 - 2.05

2.50 - 3.00.

Strayer + Englehart.
Standards for Building

Williams & Brannell

Chaps 12, 13, 14, 15, 16.

Hash. ~~Summary~~ Chap.

D. Corrective Period.

Rose - feeding the family.

Chap. 12.

Gym Facilities + Equipment.

1-6 yr. playgrounds - not gym.

Place for gym - 1) wing of building - 2 doors.

2) ground floor.

3) southern exposure.

4) separate for boys + girls. nets + folding desks.

5) 60 - 75 pupils a class.

6) Minimum size - 40' x 60'.

Better - - 60' x 90'.

Size - Single gym.

41' x 66' - 66 persons.

Seats 2' 4" each row of seats.

Each row 66' long - 44 persons.

Double gym. 66' x 80'. 18' high.

8 rows on each side - 704 seats.

Construction of gym.

1) Wood floor.

a) Hard maple, - birch, hard pine, oak.

- straight-grained.

- boards $1\frac{1}{4}$ " wide $\frac{3}{4}$ " thick.

- tongued, grooved, diagonal

to a sub-floor.

b) Sub-floor - att. to felt-lined
screeds, strips anchored to
concrete base.

- increase stability
prevent sound transmission.

- c) 2nd flooring of small wooden blocks glued to form strips showing surface of end grain. tongued, grooved, fastened to sub-floor.
- d) Markings for repainting.
- e) Painted - with varn, varnish, linseed oil.
- f) See instructions.

Wall. smooth, hard to 10'-12' high.

- glazed brick, wood, plaster.
- thick, decrease noise, rounded corners.
- removable curved corner boards.

Ceiling. forms + high for acoustics.

- plans for apparatus hanging, gallery etc.

Seating. removable bleachers. - storage.

Bleachers.

- 1) permanent on the wall.
- 2) bleachers on wheels.
- 3) telescoped to wall.

Door. locker room to gym.

- single, out from floor.
- if door below level of gym door out from stairs.
- shatter-proof.

Heating.

- 50 - 55° F. thermostat control.
- steam + hot air heat.
- hot air if washed.
- radiators on wall + off floor.

Lighting.

- windows at ~~ends~~ sides.
- mirror screens.

Artificial - semi-indirect.

- indirect with reflectors of porcelain or white enamel.

- protected by wire.

Ventilation - ventilators or pinet windows.

Drinking fountains - locker room

Stress room - adjacent to gym. same floor level.

Cleaning - Swept daily & dusted.
Scrubbed weekly.

Equipment - Checked 3 times a year - heavy.
Rest checked once a month.

Washable covers on mats.

Office - Situated between gym & locker room.

Equipment - Desk

Filing cabinet.

Program charts.

Book-case.

First aid cabinet.

Storage lockers.

Lockers, showers, john.

Classroom adjacent to gym.

Use to community requires supervision
& instruction.

Chap. 13.

Locker Rooms + Gym Costumes

P.E. 30 min. + - complete change of clothing.

School supplies showers & clean suits.

Location. Staff office between gym + locker room.

- ceilings 10-12' high.

Floor - { concrete, tile.
 { steel

Walls - Face brick, brick, cement.
 Floor dark, walls light.

Temp - 70° F.

- Windows 6' above floor -
glazed with Pyrex or frosted
glass in lower half of window.

- Art. light above aisles.

- Ventilating system - necessary.

Lockers - 1) Individual system.

- half-size lockers. 7 x 18 x 26.

2) Basket system.

- uniforms stored in wire baskets.

- attendant - key to vacant lockers
+ basket.

- Disadvantage - paid attendant.

- time given over
to large numbers.

3) Open locker system.

- individual open locker - no
vacant dressing lockers.

Lockers - Back to back - 2" space
for ventilation

- Hand controlled steam pipes under
each row of lockers & suction fans
attached to air drains located
above the rows.

- Same for visiting teams.

Locks - Combination padlock.

1 for pupil, P.E. instructor, principal.

Benches - 6" wide, iron pedestals,
attached to floor

Aisles - 3' 10" wide.

Mirrors - 12" - 18" mirrors
height 54-59" - att. to wall.

Costumes -

1) Bomber suit - short skirt.

2) Bomber suit - quimper.

3) Zipper romper.

- Brown & blue.

Costumes bought in quantity - sold at
cost.

Laundrying -

1) Responsibility to student & family.

2) Commercial laundry - clean
equipment at minimum cost.

3) School laundry.

Usual - Commercial laundry.

Board of education.

Collects & supplies daily.



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